

# September 2010

Mon	Tue	Wed	Thu	Fri
<p>30 WG Cereal Toast Fruit or juice</p>	<p>31 Pancakes Sausage or ham Fruit</p>	<p>1 WG Cereal Fruit bar Fruit or juice</p>	<p>2 Scrambled eggs Toast Fruit</p>	<p>3 WG Cereal Muffin Fruit or juice</p>
<p>6 <b>LABOR DAY</b> <b>NO SCHOOL</b></p>	<p>7 WG French toast Sausage or ham Fruit</p>	<p>8 WG Cereal Fruit bar Fruit or juice</p>	<p>9 Yogurt Toast Fresh fruit</p>	<p>10 WG Cereal Muffin Fruit or juice</p>
<p>13 WG Cereal Toast Fruit or juice</p>	<p>14 Waffles Ham or sausage Fruit</p>	<p>15 WG Cereal Fruit bar Fruit or juice</p>	<p>16 Croissant sandwich Hash brown Fruit</p>	<p>17 WG Cereal Muffin Fruit or juice</p>
<p>20 WG Cereal Toast Fruit or juice</p>	<p>21 French toast sticks Ham or sausage Fruit</p>	<p>22 WG Cereal Fruit bar Fruit or juice</p>	<p>23 Biscuits and gravy Sausage or ham Fruit</p>	<p>24 WG Cereal Muffin Fruit or juice</p>
<p>27 WG Cereal Toast Fruit or juice</p>	<p>28 Pancakes Sausage or ham Fruit</p>	<p>29 WG Cereal Fruit bar Fruit or juice</p>	<p>30 Scrambled eggs Toast Fruit</p>	<p>Meadows Valley School district Is an equal opportunity pro- vider Milk served daily</p>